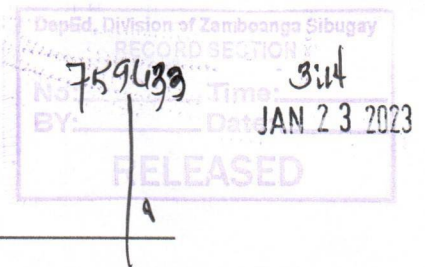




Republic of the Philippines  
**Department of Education**  
REGION IX  
**SCHOOLS DIVISION OF ZAMBOANGA SIBUGAY**



20 January 2023

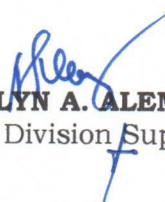
**DIVISION MEMORANDUM**

No. 099, s. 2023

**SUBMISSION OF ANNUAL MEDICAL AND DENTAL FORM (FORM 86)**

To: OIC-Assistant Schools Division Superintendent  
Chiefs of SGOD and CID  
All Public Schools District Supervisors/District In-Charge  
All Elementary and Secondary School Heads  
All School Health and Nutrition Personnel  
All Others Concerned

1. Pursuant to **Civil Service Commission Memorandum Circular No. 17, s. 1989** and in compliance to **DepEd Order No. 14, s. 2020**, titled "*Guidelines on the Required Health Standards in Basic Education Offices and Schools*", under enclosure No. 3, item III.B.1 which states that *the office shall ensure that all personnel undergo an annual physical examination in accordance with the provision of RA 11223 or the Universal Health Care and its Implementing Rules and Regulations.*
2. In view of the foregoing, to avoid mass gathering in clinics and hospitals, everyone is directed to submit the accomplished medical and dental form to their respective School Nurse during their birth month and shall automatically be excused from absence on the day of their examination.
3. Personnel may opt to have their medical and dental examination performed by any government affiliated physician or private dentist.
4. Required diagnostic tests for medical examination are as follows:
  - a. Chest X-ray
  - b. CBC with platelet
  - c. Urinalysis
  - d. Lipid Profile, Creatinine, Uric Acid and FBS (optional)
5. This memorandum may serve as a laboratory request.
6. Immediate and widest dissemination of this memorandum is desired.

  
**DR. JEANELYN A. ALEMAN, CESO VI**  
Schools Division Superintendent

Encls: As stated

References: CSC MC No. 17, s. 1989

DepEd Order No. 14, s. 2022

To be indicated in the Perpetual Index  
under the ff. subject:  
FORM 86 POLICY

ZS-DM-SGOD-SHN-2023-01-018

SDB-20230120



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