



Republic of the Philippines  
Department of Education  
REGION IX – ZAMBOANGA PENINSULA  
SCHOOLS DIVISION OF ZAMBOANGA SIBUGAY

DepEd, Division of Zamboanga Sibugay	
RECORD SECTION	
NO: 269421	TIME: 1:58 PM
BY: /	DATE: 06 Feb 2026
RELEASED	

February 6, 2026

DIVISION MEMORANDUM

No. 074, s. 2026

REITERATING SUBMISSION OF ANNUAL MEDICAL AND DENTAL  
FORM (FORM 86)

- To: OIC-Assistant Schools Division Superintendent  
Chiefs of SGOD and CID  
All Public Schools District Supervisors/District In-Charge  
All Elementary and Secondary School Heads  
All School Health and Nutrition Personnel  
All Others Concerned
- Pursuant to **Civil Service Commission Memorandum Circular No. 17, s. 1989, DECS Memorandum No. 184, s. 1993 and DECS Memorandum No. 500, s. 1997** and in compliance to **DepEd Order No. 14, s. 2020**, titled *“Guidelines on the Required Health Standards in Basic Education Offices and Schools”*, under enclosure No. 3, item III.B.1 which states that *the office shall ensure that all personnel undergo an annual physical examination in accordance with the provision of RA 11223 or the Universal Health Care and its Implementing Rules and Regulations.*
  - In view of the foregoing, this Memorandum is issued to remind all teaching and non-teaching personnel of this division to submit their Annual Medical and Dental Form (Form 86) for Calendar Year 2025 to their respective School Nurse on or before March 31, 2026.
  - Required diagnostic tests for medical examination are as follows:
    - Chest X-ray
    - CBC with platelet
    - Urinalysis
    - Lipid Profile, Creatinine, Uric Acid and FBS (optional)
  - This memorandum may serve as a laboratory request.
  - Immediate and widest dissemination of this memorandum is desired.

**VIRGIO P. BATAN, JR., CESO V**  
Schools Division Superintendent

For the Schools Division Superintendent

References: CSC MC No. 17, s. 1989  
DepEd Order No. 14, s. 2022  
To be indicated in the Perpetual Index  
under the ff. subject:  
FORM 86 POLICY

ZS-DM-SGOD-SHN-2026-02-043-0  
SDB-20260205

**LLOYD I. RODRIGUEZ**  
SEPS – SMM&E



Pangi, Ipil, Zamboanga Sibugay, 7001  
0968-520-9123  
zamboanga.sibugay@deped.gov.ph  
depedzamboangasibugay.ph  
DepEd Tayo Zamboanga Sibugay Division