



Republic of the Philippines  
**Department of Education**  
 REGION IX – ZAMBOANGA PENINSULA  
**SCHOOLS DIVISION OF ZAMBOANGA SIBUGAY**

DepEd, Division of Zamboanga Sibugay		
<b>RECORD SECTION</b>		
NO:	TIME:	1:58 PM
BY:	DATE:	06 Feb 2026
<b>RELEASED</b>		

February 6, 2026

**DIVISION MEMORANDUM**  
 No. 074, s. 2026

**REITERATING SUBMISSION OF ANNUAL MEDICAL AND DENTAL  
 FORM (FORM 86)**

To: OIC-Assistant Schools Division Superintendent  
 Chiefs of SGOD and CID  
 All Public Schools District Supervisors/District In-Charge  
 All Elementary and Secondary School Heads  
 All School Health and Nutrition Personnel  
 All Others Concerned

1. Pursuant to **Civil Service Commission Memorandum Circular No. 17, s. 1989, DECS Memorandum No. 184, s. 1993 and DECS Memorandum No. 500, s. 1997** and in compliance to **DepEd Order No. 14, s. 2020**, titled “*Guidelines on the Required Health Standards in Basic Education Offices and Schools*”, under enclosure No. 3, item III.B.1 which states that *the office shall ensure that all personnel undergo an annual physical examination in accordance with the provision of RA 11223 or the Universal Health Care and its Implementing Rules and Regulations*.
2. In view of the foregoing, this Memorandum is issued to remind all teaching and non-teaching personnel of this division to submit their Annual Medical and Dental Form (Form 86) for Calendar Year 2025 to their respective School Nurse on or before March 31, 2026.
3. Required diagnostic tests for medical examination are as follows:
  - a. Chest X-ray
  - b. CBC with platelet
  - c. Urinalysis
  - d. Lipid Profile, Creatinine, Uric Acid and FBS (optional)
4. This memorandum may serve as a laboratory request.
5. Immediate and widest dissemination of this memorandum is desired.

**VIRGILIO P. BATAN, JR., CESO V**  
 Schools Division Superintendent

References: CSC MC No. 17, s. 1989  
 DepEd Order No. 14, s. 2022  
 To be indicated in the Perpetual Index  
 under the ff. subject:  
 FORM 86 POLICY  
 ZS-DM-SGOD-SHN-2026-02-043-0  
 SDB-20260205

For the Schools Division Superintendent

*LLOYD I. RODRIGUEZ*  
 SEPS – SMM&E



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