



Republic of the Philippines
Department of Education
 REGION IX - ZAMBOANGA PENINSULA
SCHOOLS DIVISION OF ZAMBOANGA SIBUGAY

DepEd, Division of Zamboanga Sibugay			
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**Office of the Schools Division
 Superintendent**

March 30, 2026

DIVISION MEMORANDUM

No. **193**, s. 2026

**Conduct of Live-out Orientation on Universal Prevention Curriculum (UPC) for
 Substance Use: Curriculum 7 – Environment-Based Prevention Intervention**

To: **Assistant Schools Division Superintendent
 Chiefs of SGOD and CID
 Public Schools District Supervisors/In-Charge
 All Elementary School Heads
 All District Nurses
 All Others Concerned**

1. The use of psychoactive substances and the resulting Substance Use Disorders (SUDs) remain a significant global concern, adversely affecting public health and the social and economic functioning of individuals. These issues increasingly impact school-aged children, influencing their well-being, behavior, and academic performance. In response, there is a need to strengthen preventive measures within the education sector. The adoption of evidence-based strategies, such as the **Universal Prevention Curriculum (UPC)**, offers practical and effective approaches to addressing substance use at the community level. Enhancing awareness and capacity among stakeholders through such programs can contribute to more responsive and proactive interventions within the division.

2. In line this, the Department of Education, *Schools Division of Zamboanga Sibugay through the School Governance and Operations Division (SGOD), School Health and Nutrition (SHN)* will conduct the **Division Orientation on Universal Prevention Curriculum 7: Environment-based Prevention Intervention on Substance Use** on **April 16 to 17, 2026 at Sibugay Grand Plaza Hotel, Ipil, Zamboanga Sibugay.**

3. This activity aims to enhance participants' understanding of environment-based prevention programs and strategies, and to assist them in initiating and implementing prevention efforts within school settings. It also seeks to present the principles of environment-based prevention and their impact on prevention practices in schools. Furthermore, it intends to strengthen participants' understanding of effective drug prevention policies and comprehensive, whole-school prevention program

4. Attached this is the list of participants who are directed to attend the activity.



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5. Anent this, all participants' traveling and other incidental expenses related to the conduct of the activity shall be charged to their respective office's MOOE/Local Funds.

6. For immediate dissemination, guidance and compliance.

VIRGILIO P. BATAN, JR., CESO V
Schools Division Superintendent

for the Schools Division Superintendent

Encl: None

Reference:None
To be indicated in the Perpetual Index
Under the ff. subject:
UPC 7
ZS-DM-SGOD-SHN-2026- 100-0
AFMC20260326

ATTY. CHRISTINE JOYCE S. PAÇO
Attorney III - Legal Officer
In-Charge of Office /



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**Annex A. List of Participants For the Conduct of Live-out Orientation on
Universal Prevention Curriculum (UPC) for Substance Use: Curriculum 7 –
Environment-Based Prevention Intervention**

	Name	Designation	District
1	MILKE B. CAILING	DISTRICT-IN-CHARGE	R.T.Lim
2	SANIATA D. BARAL	Nurse II/RESOURCE SPEAKER	R.T.Lim
3	CAROL C. LASCONA	Nurse II/RESOURCE SPEAKER	R.T.Lim
4	DARYL A. TOMBOC	GUIDANCE COUNSELOR II/RESOURCE SPEAKER	R.T.Lim
5	VIRGINIA D. CABRERA	PSDS	Kabasalan
6	ALJE FARA M. CANUBAS	Nurse II	Kabasalan
7	LEODEN A. PARAON	Nurse II	Kabasalan
8	GAY C. SANGHANAN	GUIDANCE COUNSELOR I	Kabasalan
9	SILVERIA P. PAGAYON	DISTRICT-IN-CHARGE	Buug
10	ALEXIS JANE R. ADAN	Nurse II/RESOURCE SPEAKER	Buug
11	NORLAN V. DEPACAQUIVO	Nurse II	Buug
12	MEISHEL P. BATAN	PSDS	Diplahan
13	MAUREEN Y. GERMAN	Nurse II	Diplahan
14	JEANNE FAITH S. CASTOR	Nurse II	Diplahan
15	HANNIVAL G. RETARDO	DISTRICT-IN-CHARGE	Tungawan
16	ELOUIESA B. SALIBAY	Nurse II	Tungawan
17	FAITH FRANCISCO	GUIDANCE COUNSELOR I	Tungawan
18	JOSEPH A. CASTRO, SR.	PSDS	Talusan
19	RIA JUNE T. ISAGAN-GENIS	Nurse II	Talusan
20	HOPE R. ACUESTA	PSDS	Siay
21	MITOS P. BRAZA	Nurse II	Siay



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22	MARIA SHERYL RAMOS	Nurse II	Siay
23	DENNIS D. SILVA	PSDS	Malangas
24	RHODA D. SANCHEZ	Nurse II	Malangas
25	EMMELYN E. APDUA	PDO	Malangas
26	PAOLO A. PERUSO	GUIDANCE COUNSELOR I	Malangas
27	ROSANA A. WOOTON	PSDS	Ipil
28	MARIA LEONORA I. MUYARGAS	Nurse II	Ipil
29	FERNALI AM-IS	GUIDANCE COUNSELOR II	Ipil
30	MARNELLI S. BAYARON	GUIDANCE COUNSELOR I	Ipil
31	MARILOU B. CHIO	PSDS	Titay
32	WINSTON E. BALDOVI	Nurse II	Titay
33	RONALD F. ASTILLERO	GUIDANCE COUNSELOR II	Titay
34	MARIA S. CRUZ	PSDS	Naga
35	DIVINAGRACIA T. NAVARRO	Nurse II	Naga
36	CHARLENE B. DAHAN	Nurse II	Naga
37	MERELIE QUIZON	GUIDANCE COUNSELOR II	Naga
38	SALVADOR D. ARQUILITA	PSDS	Payao
39	MARDIE A. ACOTANZA	PSDS	Imelda
40	VENICE SUSAN PECATO	Nurse II	Imelda
41	ERMA C. UNABIA	DISTRICT-IN-CHARGE	Alicia
42	IMELDA S. PATALINGHUG	Nurse II	Alicia
43	MARITES Z. DE LEON	Nurse II	Alicia
44	ANASTACIO C. CALONGE	DISTRICT-IN-CHARGE	Mabuhay
45	VENIZZA FAITH M. LAURIE	Nurse II	Mabuhay
46	MARRIELLE JOSHUA V. OMAMALIN	GUIDANCE COUNSELOR II	Mabuhay
45	REY D. CAMAINGKING	PSDS	Olutanga
46	CHRISTY ROSS PACATANG	GUIDANCE COUNSELOR II	RT Lim
47	NONIEL CAGUIMBAY	GUIDANCE COUNSELOR II	Ipil
48	OLIVER B. TALAOC	SGOD CHIEF	Division Office



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49	ROSMINDO L. ANCHETA	EPS-SGOD	Division Office
50	NANCY S. CICHON	Division Dentist II	Division Office
51	NARCELIE OROT	GUIDANCE COUNSELOR II/Resource Speaker	Diplahan
52	NESAR A. SOON	ADAS III	Division Office
53	JARRED HOPE A. MARTUNA	SBFP-TA I	Division Office
54	RHEEMA C. MOHAMMAD	SBFP-TA I	Division Office
55	TERESALBE ACAPULCO	ADA VI	Division Office
56	RUEL D. CUSTODIO	SBFP-COS	Division Office
57	REY R. GUTIERREZ	School Head/Resource Speaker	RT Lim
58	Lloyd I. Rodriguez	SEPS-MNE	Division Office
59	Nora D. Albiso	PDO I, Youth Formation Unit	Division Office
60	Melinda Joy M. Javier	Guidance Counsellor I	Kabasalan



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Orientation on Universal Prevention Curriculum for Substance Use (UPC 7)
– Environment Based Prevention Intervention

April 16, 2026

TRAINING MATRIX

TIME	DURATION	ACTIVITY/SESSION	SPEAKER/FACILITATOR
April 16, 2026 (Day 1 – Thursday)			
7:30 - 8:00 am	30 mins.	Arrival - Registration	
8:00 - 9:00 am	1 hr.	Opening Program <ul style="list-style-type: none"> • National Anthem • Opening Prayer • Bagong Pilipinas Hymn • Zamboanga Sibugay Hymn • Acknowledgement of Participants • Welcome Remarks • Message • Norms • Statement of Purpose 	Elouiesa B. Salibay Nurse II/SBFP-MILK Dr. Oliver B. Talaoc <i>SGOD Chief</i> Virgilio P. Batan., Jr. CESO V <i>Schools Division Superintendent</i> Alje Fara M. Canubas <i>Nurse II/ WINS Focal</i> Rosmindo I. Ancheta <i>EPS- SGOD</i>
9:00 – 10:00 am	1 hr.	Module 1 Introduction to UPC 7	Saniata D. Baral <i>OKD Division Focal</i>
10:00 – 10:15 am	15 mins.	Health Break	
10:15 - 12 noon	1 hr. & 45 mins.	Module 2 Environment-based intervention for Substance Use: Definitions and Description	Alexis Jane R. Adan <i>Nurse II/SMH Coordinator</i>
12 noon - 1:00 pm	1 hr.	Lunchbreak	
1:00 – 2:30 pm	1 hr. & 30 mins.	Module 3 Schools and the Workplace: Where Policies, Promote Substance Free and Health Environments	Doc. Rey R. Gutierrez <i>School Principal III</i>
2:30 – 2:45 pm	15 mins.	Health Break	
2:45 – 5:00 pm	2 hrs. & 15 mins.	Module 4 Principles and Examples of Effective Macro-level Community-wide Policies, Regulation and Laws	Carol C. Lascona <i>Nurse II/NDEP Coordinator</i>



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TIME	DURATION	ACTIVITY/SESSION	SPEAKER/FACILITATOR
April 17, 2026 (Day 2 – Friday)			
8:00 – 8:30 am	30 mins.	Management of Learning	
8:30 – 10:00 am	1 hr. & 30 mins.	Module 5 Effective Implementation of Environment Prevention Interventions	Daryl A. Tomboc <i>Guidance Counselor II</i>
10:00 – 10:15 am	15 mins.	Health Break	
10:15 – 12:00 pm	1 hr. & 45 mins	Module 6 Evaluation of Environmental Prevention Interventions	Narceli B. Orot <i>Guidance Counselor II</i>
12 noon – 1:00 pm	1 hr.	Lunch Break	
1:00 – 2:30 pm	1 hr.	Module 7 Review of Environment-Based Prevention Intervention: Application to Practice	Doc. Rey R. Gutierrez <i>School Principal III</i>
2:30 – 2:45 pm	15 mins.	Health Break	
3:00 – 4:00 pm	1 hr.	Closing Program	



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